Top Ten Kinds of Voids

By William R. Mistele © 2012 For private distribution only.

Note: This started out as a five page essay but in the last week and a half it turned into eighty pages. Also, some of this material is from my next book, How to Speak Saturn. And finally, this is a rough draft. It needs copy editing.

Question: Tell me about the abyss.
Response: The abyss? I have lots of abysses. Bags full of them. I have big abysses, small abysses, infinite abysses, and abysses for each planetary sphere. I have Buddhist abysses, Hindu abysses, Hermetic abysses, and Talmud abysses.
I have hungry abysses ready to devour. I have peaceful abysses full of bliss. I have cosmic abysses so serene and at peace the stars themselves go to them when they wish to take their rest.

I am gatekeeper to abysses you do not want to miss and I am custodian of abysses you never want on your list.

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10. Empty Space
It would seem to make sense to start by discussing an empty mind, that is, a mind without thoughts or distractions occurring. There is a simple exercise for this. Sit down, relax, and practice not thinking any thoughts for ten minutes.

This is very easy for some people. They can sit for hours without any thoughts or disturbances appearing in their mind. Some are born with this ability. For most people, however, this is an incredibly difficult exercise and some Zen masters for example say it is impossible to do this.

It does take practice and some preparation. Some individuals will struggle with this exercise for ten years or more. For others it comes more easily. It might help when working with any kind of exercises relating to formless awareness to first practice concentrating on each of the five senses. In this way different parts of the brain relating to the senses have already been trained to concentrate. In other words, since the void often suggests sensory deprivation before entering it you will
want to become completely familiar with the range of sensations and vibrations associated with each of your senses.

However, the vibration that thinking no thoughts produces very definitely is not a void or emptiness meditation. It relates to the third eye or the brain. Part of the body is engaged. A specific chakra becomes highly energized. For an exercise in formless awareness or a practice with the void something more must be added.

The first void involves an awareness of space. Review in your mind the shape of the space around you—your apartment or house with its layout of rooms. There is definition to this living space. Next imagine a larger space, say a sport’s coliseum. Imagine you are out in the center of the field in the coliseum and no one is there and now the lights are turned off so that the space you are in is completely dark.

Be aware of this space even though there is no light within it. Try switching back and forth between imagining you are sitting in the stands full of people who are watching some sporting event. And then the people and teams are gone and no one is there. The coliseum is empty.

Empty space can contain anything within it. But take everything away and you are left with Euclidean space—distance you can measure out foot by foot around yourself with a measuring tape if it was long enough.

Next imagine a vast space as in endless extending around you in all directions. There is nothing in it—no light, no substance, no energy, no form, no vibration of any kind. It is just empty, void. This is a basic starting point.

Now imagine that nothing can appear in this space without your willing it or consenting to it. Again, in this vast space of emptiness around you there is nothing that can appear—no light, no sound, no sensory impressions of any kind, no energy, no substance or matter.
Now while maintain your awareness of this vast empty space take away from it any sense of your body—there is no form here at all. You are aware without needing a body to perceive. Extend you awareness out this this space so that you feel you are everywhere or anywhere within it that you wish to be.

Relax. It is quiet, calm, peaceful, and it is your space. Nothing disturbs you or appears without your allowing it to do so.

This is different from simply not thinking any thoughts. There are no chakras in which energy can become caught. For emotions to appear some part of your body must hold on to, resist, or shape energy. But if there is awareness of your body, then emotions are free to transform or simply to flow without being attached to or having to let go anything.

There is a simply application and test of this formless void meditation. Become familiar with it so you can imagine it instantly around yourself whenever you wish. Then if you create this special awareness of void around yourself when you are with a negative or hostile individual, that person will often become calm and reasonable.

This is because hostility or negativity requires something to attack. It has to be in opposition to something. But if you are creating this subliminal sense of a vast empty space free of any attachment or any form, then the other person may feel that same calm, open, relaxed, and peaceful vibration within himself as well.

And again the void awareness on this level takes away any tension that is generated by concentration that uses the third eye. You awareness is through a vast space and not centered in a body or set of seven or more chakras.

And too if you feel energy around yourself that is negative or without harmony simply imagine that energy or sensation dissolving in the void. Again, this is your space. If you wish something to not be present it is the nature of this space awareness to be completely empty.
See also the question and answer at the end of the essay for more on application.

9. Buddha Mind

On his own initiative, without assistance of spirit guides or gurus, Buddha attained complete enlightenment. He had no spirit guides because there were no spirits within Hinduism or India that possessed the degree of enlightenment he attained.

As long as this planet remains, the wonder and treasure of the Buddha’s mind shall be as available to anyone who looks for it through contemplation and intuition can find it similar to the way that the moon,
stars, and sun can be seen by those with eyes. The vibration of Buddha’s mind is woven into the mental plane substance of this planet.

(from the essay comparing Buddha’s mind to various other minds):

I find the Buddha’s mind to be exquisite, beautiful, blissful, serene, complete, and utterly magnificent. Buddha’s mind is like a clear mirror.

It is totally detached--it perfectly reflects without distortion or blur anything that appears within it. At the same time, though Buddhists do not sense this, Buddha’s mind embodies perfect empathy. In fact, with this mirror like awareness you can fairly easily allow any mind to appear within it (within you) so you can get to know another’s experience as if it is your own.

You greet everything that exists, welcoming it as if it is an old friend. There is nothing you do not intuitively, that is, completely understand. There are simply no barriers or boundaries separating you from any other thing. To attain to nothing at all is to be completely open and receptive to everything.

With the Buddha mind, you can think, act, evaluate, perceive and make decisions without using thoughts or images. You can feel but there is no need to direct, shape, contain, or define those feelings. Feelings too are another kind of energy that you are fully aware of from inception to dissolution. The Buddha’s mind is also called the enlightened mind.

Buddha offered in his mind an end to personal suffering. Buddha is like a place of refuge. If his vibration touches you, you feel a sense of release. There is no end to the peace—“Blessed are those whose minds are as open and clear as the sky, for their peace shall be as a sea that has no shores and a stream that flows from the dawn of time to the ends of eternity.”

Buddha said, “When I attained to perfectly enlightenment, I attained to nothing at all.” Or, as the Heart Sutra puts it, There is “no wisdom, and no attainment, with nothing to attain.”

If you meditate inside of Buddha’s mind, it is easier to comprehend these thoughts. Here there is only an open space of awareness without
definition or reliance on any thought, idea, form or image to express itself. It is a state of being. It is pure perception.

While within Buddha’s mind you will notice that thoughts do not arise. This is because there is no ego or individual identity present who feels any need to think or to validate his existence by affirming himself in some way. The mental habits of such an individual or personality are also not present. It is as if they never existed. We could say then with some accuracy that Buddha’s mental vibration reveals the original nature of mind.

For Buddha, an enlightened mind is identical to absolute freedom. You perceive in each moment a path of action that is free of obstacles or hindrances. If you meditate in the vibration of Buddha’s mind, you feel completely relaxed and yet fully awake.

Imagine putting yourself inside of this mind of Buddha’s and then trying to reverse engineer it so that you could explain its components. It is similar to the empty space void in the first meditation. But there is now a reflective quality like a mirror.

There is awareness of a vast empty space. But anything that enters your sensory field of perception is experienced both with a perfect detachment and also with complete oneness—any person for example in front of you is perceived as being within your space of awareness and so you are one with it as if it is part of yourself.

What Buddha has done is make the void his identity. He just never loses that sense of prefect, mirror like clarity and an awareness that anything being experienced is itself of the void. Though each individual may not be aware of it, from Buddha’s perspective, each person is already free, without form, part of the void, at peace, and perfectly clear.

The difference between Buddha mind and ordinary mind is that people look into the mirror of daily experience and thing substance, matter, space, time, and energy are real. And so they form emotional attachments to some things and have an aversion to others things. Or, put simply, most people’s consciousness is bound up with form rather than experiencing the freedom and peace of formless awareness.

Of course, if you ever wanted to practice your Buddha mind you would never want to test yourself by sitting in a monastery. That would be the
last thing on your check list of self-review. No, you would naturally want to meditate not just inside of your body but also inside of the most difficult, greedy, selfish, and malicious people one earth. The reason is that these individuals reveal part of yourself that you do not usually encounter inside of a monastery. There are exceptions of course. I have met such individuals in monasteries.

Nonetheless, when you develop a minimum degree of empathy, in which Buddha was an absolute master, you can actually do this—place your awareness inside of an evil dictator and then cloaked in his aura practice Buddha mind. Under these circumstances you will discover far more quickly what is actually useful and effective in your meditation practice and what is pure self-deception and ignorance.

8. Personal Akasha
Akasha is the fifth element as in earth, air, fire, water, and akasha. The word “akasha” is also used to refer to the “spiritual” plane of awareness as compared to the “lower” physical, astral, and mental planes. Akasha in both cases is the source from which the other four elements arise. It oversees their balance and harmony creating and dissolving them according to its greater purposes.

Akasha is, of course, nothing new. It has been described in many texts such as the Heart Sutra, the Bagavad Gita, and even the 90th Psalm. I know Zen masters who slip into akasha as easily as they tie their shoes. Some Tibetan Buddhists I know configure their magical circles to express an akashic state of trance.

An Indian medicine man I spent some time with often wandered in akasha when he dreamed and he relied upon it when he wanted something done in a hurry. One Taoist master uses akasha to open gates to the inner planes to speak with any master from the past of that lineage. And I know some Sufis who enter akasha through their dance or by the way they focus their eyes.

Life presents us with both outer and inner experiences just as a circle has both a circumference and a center. Finding the akasha within ourselves is perceiving life from the center. No matter how dramatic our actions or rapid our life transitions, there remains a calm stillness around which everything turns. To enter this still center of the heart is one of life's greatest gifts.

A simple way to experience akasha is presented by Franz Bardon. In Bardon's first book, "Initiation into Hermetics, he refers to akasha a number of times. In the magic psychic training (VI), he says, "Imagine you happen to be in the center of an unlimited space. Here is no above nor below nor any sideways. This unlimited space is filled with the finest energetic matter, the universal ether. Ether is colorless, but to our senses it appears to be of an ultra-violet, near black-violet color and this is the color in which we do imagine the etheric matter."

You can image for example that from each pour of your body you emit rays of this dark, ultraviolet light and that it fills this vast empty space. And this light also penetrates not just through the space but through time
also. And then finally you imagine that you are this entire space filled with dark, ultraviolet light penetrating through space and time.

The fifth element of akasha is not an idea or metaphysical conception. It does not relate to belief or religion. It is a sense perception, a physical experience with a specific set of sensations.

If you practice the above exercise, then there comes a point where the concentration becomes like a trance. It feels completely natural and you become completely familiar with it.

Placing yourself in akasha, you do not have to astral travel. Because your awareness penetrates through space and time anything you think or imagine is immediate present in front of you or you are one with it. In essence, akashic awareness allows you to be completely detached, one with something, and also able to perceive all its connections to other things.

You reverse engineer akasha by practicing that you are in a vast empty space. And then you imagine, concentrate on, explore, and familiarize yourself with each of the four elements—earth as heavy, dense, and silently enduring, water as cold, flowing, and nurturing, air as weightless, free, and balancing, and fire as hot, expansive, and commanding.

Akasha contains all four elements in itself. Because you are this vast space penetrating through space and time you possess the ability of water to be one with anything. Because you are permanent without deteriorating or changing, you are solid like earth, the source of all gravity. Because there is no matter present, substance, or matter, you are weightless. And because you comprehend the beginnings and ends, the limitations and essence of anything, you are sovereign possessing absolute will power.

Consequently, there are things you can do with akasha through its ability to comprehend the beginning and ends of all things, through its great sensitivity, its patient endurance, and harmony. Any powerful thought or image, word or intention, that you concentrate on while in akasah will act with the power of akasha to override all obstacles and resistance as it seeks to manifest on the lower planes.
Example. You need a lover, money, or a job or all three wrapped in one. Typically the New Age Manual of Manifesting says make a picture in your mind of what you want. Include lots of details. Make it effective so that you feel you are in it like a dream and that it is right now a hundred per cent real. You need to feel this with conviction and persuade yourself with faith that it is appropriate for you. In other words, be sure to address any internal resistance you may have in your own subconscious that feels you are unworthy of what you are seeking.

I get lots of stories from people who say they manifested what they desired precisely in this way. But you do not need akasha to do this. Some astral psychic ability will do nicely. The person, job, or money is already there around you. It is available like listing on Craig’s List. You just need to reach out and to connect. Meet the right people. Apply for the right position at the right time in the right way.

Consequently, it is almost like making a psychic connection to someone when you dream and then managing to meet that person fairly quickly in the real world. Silva Mind Control does something similar. Before you go to bed at night imagine exactly what you want and tell yourself that as you dream you will make the connection to the right person, convey your purposes, and bring about what you want. This is really great stuff.

Akasha however is more creative. With akasha you can make happen what otherwise would never happen on its own. Akasha through concentration creates out of nothing and the opposite—it can dissolve what is otherwise is very real. I know people who do this also. They want a job that does not exist. They want a lover with qualities that no person has. Or they want a corrupt regime brought to an end when that regime has no intention of ending and has every power in place to sustain its existence.

You enter an akashic trance and imagine with great clarity the end result that you seek. But now you level of conviction has to attain to perfect certainty. When you speak with a voice of this conviction, even though what you suggest is seemingly impossible, others are persuaded and believe in your cause and offer their support for you to fulfill your dreams.
But it is not just faith and conviction. You have to have the feeling also. Your vision must pass the test that what you imagine makes you feel fully alive. The fabric of your dream satisfies and fulfills every desire and longing.

And one last thing. If you do this only as a mental image, the image can be so persuasive and powerful that it will manifest what you want at some point in time. But it will need energy to accomplish your vision or command. And this energy will either come from you or from other people. In other words, a powerful concentration on something you wish to manifest can also act like a vampire or a general during a war who expropriates or takes whatever he needs from anyone or anything nearby.

New Age seminars, cults, religious fanatics, and gurus too often use a kind of psychic Ponzi scheme to reach their ends. They highly magnetize or charge the aura of their participants with their own energy. And this energy is so bright and full of conviction and charisma that these participants have an electrifying influence on others in their lives. Not having this level of conviction and “purpose driven” energy, others then offer their support, money, and cooperating to enable this person to become successful or accomplish his purposes.

But the down side is that the people offering support are not themselves internalizing the conviction and energy. They are being used by the other person as a resource to draw upon. They would never offer this kind of support if they were not more or less hypnotized on some level.

And the same applies to yourself. If you imagine a very powerful, vivid dream that is one hundred per cent real and charge with conviction, you may end up spending the next ten years giving all of yourself to attaining it. You have in effect hypnotized yourself to do what may not be in your best interest to pursue.

In other words, you have to pick things to manifest that you can really justify in a spiritual sense. Saturn likes to say to me with real humor, “You have anything you desire as long as it is a steppingstone on your path to attaining perfect enlightenment.” That little test greatly limits the range of things I can seek for myself.
The remedy then in working with akasha is to put energy into the dream image of what you want to manifest. In some modified Kuhuna training systems, you imagine gathering a ball of brilliant sun light between your hands. And then you place in this ball of accumulated light energy the wish you have.

Trees like to surround their seeds with fruit that nurtures the seed and also invites birds and animals to carry the seeds to places where it can take root and grow. In the case of placing a cause in akasha, you surround it or impregnate it into a ball of energy made of light, one or more of the four elements, or even a sound like a note you sing. Then you are not just taking from life or other people with your idea. You give equal to what you take.

Or as one lunar spirit suggests, “The best way to get what you want is to give that precise thing to other people. You become so wise in the process that you either realize that you actually want something completely different or else you acquire the exact skills you need so that what you want happens effortlessly.”

The difference between akasha and Buddha mind is that Buddha considered the external world to be an illusion. He was a total introvert. If the mind itself is enlightened, then suffering ceases. That was his goal. Manifesting things like social justice was not part of his agenda.

Consequently, using time as a tool to change the world through envisioning with faith and conviction what you wish to happen fell into the hands of the Western world. It is part of the fabric of our social reality and legislative and judicial systems. We even ask those who seek to run the executive branch of government, What is your plan of action for solving our problems? A genuine leader should be able to calmly appraise a nation’s situation and then present us with our best options and solutions without relying on dogma, ideology, or tradition.

Akasha as a void is extremely creative. It is the source from which all created things arise. With it you can overcome obstacles by dissolving them. And you can cause new things to come into being from out of nothing by envisioning them and exercising divine authority (akashic conviction) commanding them to appear.
7. Planetary Akasha

Whose lineage is the blue sky?
What mind is that open, clear, and refined?

What tradition celebrates the ocean?
Whose shaktipat transmits its innermost essence?
Billions of waves and silence in its depths,
    Its essence is love
And this love is ecstasy and bliss.

What religion offers a residential program
    With earth, air, fire, and water
So you find yourself in the course of time
    Calling these realms your home
    And these races of beings
    Consider you one of their own?

    Like a sylph—
To move through life with freedom
    Like a gnome—
To have the inner silence
That manifests every dream
    Like the salamander—
To rise to the occasion
With any will or power one can need
    Like the undine—
In every single moment
    To be love itself
    Walking the earth

Where is the chapel
    In which I might
Meditate and fast
Where the Goddess of Earth at last
    Anoints me with her beauty
    And makes me her knight
Charged with this commission
To fulfill one of her dreams—
To fill the earth with justice
The fill the earth with justice at last

Akasha can be modified or fine-tuned to take in specific aspects of the universe, consciousness, or spirit. The previous personal akasha belongs to an individual extending his awareness though space and time. For the most part, he limits his use of akasha to solving his own problems, refining his own consciousness, and questions that pertain to his purposes in life.

But you can also enter a state of akasha that has no reference to your personality. The idea of freeing yourself from your suffering, attaining personal salvation, or raising your spiritual vibration in some way or another is from this point of view of planetary akasha incredibly selfish and narcissistic.

“Know thyself.” Why not “Know the universe” Socrates would not even leave Athens when given the choice of going into exile or facing death. He was not making a political statement when he drank poison. He was just scared crazy of facing the unknown and having to travel to other societies in which all his Socratic questions would have no meaning at all.

It always astonishes me that those with a little magical power, enough to manifest their dreams, never take the next step. They do not manifest the dreams that belong to nations and races of people. They do not use their powers of magic to solve global problems. They leave charismatic demigods and self-serving men who are greedy for power to pursue those ends.
From the point of view of planetary akasha, we exist to serve. That is why you seek to attain mastery over yourself. Not to become “spiritual” but to acquire the skills you need to transform the world.

If I place myself in personal akasha, I have a sense of all my incarnations on this planet, past, present, and future. In this state of awareness, it is not difficult to meet my future selves and to carry on conversations about how we play difficult roles in completing the same work.

Personal akasha is profoundly peaceful. There is no fear or anxiety. There is no time or space. Desire is not separated from its satisfaction and dream is not separated from its fulfillment. Because there is no form identification, I am not threatened by mistakes and karma left over from past lives.

And I am not disturbed by the flaws that still remain in my personality. Here is the place to design and write the script for those parts I will need to enact, as the Saturn spirits require of me, to take me as steppingstone through those experiences that will enable me to grow in the best way possible. Karma in myself or others is something to be modified, like a work of art you are seeking to prefect, in order to express beauty and harmony.

Personal akasha is like being in a library which contains your personal journey through time and space. Like illustrated books you can open and read, here is the history of all your incarnations on earth. Except these books have instant reply, video, audio, and kinesthetic output. You can relive your lives as if you are right now there inside of what is unfolding in the past. Global akasha is different in that you can do the same with anyone on earth. You can perceive others’ experiences as if they are your own.

But when I shift my awareness into global akasha, I sense not just the history of individuals and the human race. I am also aware of the deeper purposes of the planet. The planet itself has dreams. Though it supports all of life, it seeks an intelligent race that will rise to its level, share its dreams, and attain oneness with the universe.

What does planetary akasha do? It grants shelter, protection, and
support. It is nurturing and encouraging. It is also supremely challenging because it points out that the opportunities surrounding us are infinite. You just have to prepare yourself to receive them and then seize them when they appear.

Akasha is both masculine and feminine. It holds the past in reverence, it understand the importance of limitations, and it is the unknown manifesting. Akasha lays the foundations for a new world offering both continuity and divine creativity.

Franz Bardon describes 360 spirits of the earthzone, that is, of akasha the encompasses this planet. Each day for four minutes each of them one by one vibrates its aura through the entire planet on all planes. You could say that they are literally inside of each of us seeking our transformation.

An example is the spirit Bardon assigns to 26 degrees Pisces that he refers to as Cigila. This spirit holds the world within its heart. It seeks to modify the karma of individuals, nations, and civilizations so that they still learn what they need to learn but in a way that the suffering is reduce.

I know people with powerful magic who are willing to protect their family members but who care nothing for other people. For Cigila, each human being is not just family. His empathy and sensitivity are such that he regards us as if we are part of himself.

In a state of mind of planetary akasha, you feel then connected to everything on earth. In a sense, planetary akasha is a spiritual university, something that does not yet exist in our civilization. There are admission requirements for entering this university and studying here. You have to confront the darkness in yourself as part of your entrance exam.

This is where the otherwise really brilliant and talented students will fail--they cannot pass through the emptiness, the void, and the abysses that exist within the human heart. Do you have a brilliant mind but a low level of emotional integration? Have you demonstrated mastery of a particular religious, cultural, or magical system of training but remain deficient in originality and lack genuine curiosity? Are you obsessed with theories and esoteric histories or are you motivated by wonder and beauty?
Do you desire honor and recognition so that you hoard as a competitive advantage the knowledge you now possess? Or, do you have initiative, independence, and can you determine for yourself your own direction free of craving for attention? Are you after something for nothing and want to avoid paying your karmic debts or have you demonstrated leadership and shown you can handle responsibility? These questions relate to how comfortable you will be when it comes to entering planetary akasha, with meeting with and also acting with the level of insight and responsibility demonstrated by earthzone spirits.

All the same, when I was young I used to casually walk into the classes of famous professors in different universities just to get a feel for what they were like and how they thought and taught. The girl says to me, “If I had your credit card, I would travel the world.” It is true. I want to see the Parthenon one day, visit Avebury, and Germany. But if you can access planetary akasha, then I can actually enter the minds of those who designed and built the Parthenon. I can witness the day it was dedicated. I can enter the mind of the high priest. Actually visiting the physical building is not quite that interesting.

Put simply, then, planetary akasha is the basic extending your awareness through space and time. But there is a receptive component built into it. If you sit in silence, you can receive impressions about the nature and history of whatever your focus on. If you imagine being able to do this will all of human history, with any individual’s experiences, and with any event in history, then you have the sense of no longer operating and an individual magician or sage.

Rather you are operating as part of the universe. Its wisdom has become your own. You remain a student, for you are forever learning new things. But now you can internalize the realization that there is no separation between you and the planet you live on.

6. The Cosmic Letter E or Niva-Kalpa-Samadhi
In Franz Bardon's third book, *The Key to the True Quabbalah*, he describes twenty-seven cosmic letters. These letters are the building blocks from which nature, man, and spirit have been created. They are the link between matter, energy, history, consciousness, and spirit. Bardon explains a very specific way of training with cosmic letters and says one lifetime may not be enough to master them.

A letter is not a function of or derived from any cultural image or even any human thought, symbol, or conception. It is simply an energy field which is extremely malleable and susceptible to being shaped by consciousness and will. At the same time, these letters amplify energy. The stronger your concentration the more energy you create.

A cosmic letter can easily express the qualities and powers various spirits possess. The letter is always more than the way any specific being or spirit expresses it. It is as if Divine Providence has said,
"The letter E expresses an aspect of omnipresence. Each spirit with the letter E in its name embodies a small part of that omnipresence."

The Letter E is practiced in a dark violet color, with the note of "D," and with a sensation of penetrating through space and time. In Bardon's cosmic language, there are a number of letters which use the violet color in a light or dark shade. The violet color Bardon attributes to the sign of Aquarius in the earthzone. It is also the color used in mentally projecting into the sphere of Saturn. And it has a certain analogy to the sphere of the Moon.

Practicing a cosmic letter is a way of uniting our awareness with the light of Divine Providence. Bardon states that the letter E on this level represents a state of omnipresence. Bardon mentions this state is referred to as Nirvi-Kalpa-Samadhi in oriental wisdom.

There are a variety of definitions and traditions that delineate the words nirva and kalpa. Kalpa can equal in some traditions a time period of billions of years. Nirva can be related to nirvana in Sanskrit as a term in Indian religions that describes a profound peace of mind acquired through moksha (liberation). It can refer to being free of suffering. And it can mean union or identity with Brahman the supreme being or with Shiva, the transcendent one.
If you place yourself in this energy field it is possibly to get a sense of what these things refer to. The primary quality is omnipresence—you feel within and a part of everything everywhere in space and time. To say the least, this is a very expansive state of awareness.

Put briefly, you feel you are aware of the entire universe. You can zero in on anything and be completely aware of it. And yet you do not lose your sense of being joined to the whole. The entire universe is arrayed before you—billions of galaxies containing billions of stars with countless civilizations spread out across time and space.

I know three women who are actually mermaids in the body of women. And they spontaneously can relive other individual’s memories as if the other person’s experiences are their own—every detail, every perception, every feeling and action they experience. But this can be unnerving for them. It is hard to suddenly be exposed with that degree of intimacy as you enter another person’s life experience. But mermaids do not easily interact with the fifth element of akasha since they are composed of the one element of water in their astral bodies. The fifth element of akasha will give you both absolute detachment and total oneness in the same instant without limitation of any kind.

Consequently, as with some yogis who attain total body bliss with their yoga, there is a sense that why do or seek anything more? The experience is so engaging and total, containing such rapture and annihilate of individual awareness, that you kind want to say, “I am going to check out now. I’ll be back in few hundred or a few thousand years from now after I take this all in.”

Some voids are so full of bliss that they are hard to resist. You may have to attain special clearance for entering them. You may take one or more life times to comprehend them. But what do Brahman or Shiva themselves do? They are like akasha itself—they create new world with their powers and bring other things to an end so that there can be new beginnings. Or in short, you do what you do out of joy, for there is no end to your creativity and no limit on your ability to love.

Buddha awareness, by contrast, refers to the enlightenment of the mind on the mental plane. The Nirva-Kalpa-Samadhi is more an akashic
experience. But was after perfect enlightenment. Brahman and Shiva, for all their cosmic consciousness, were still subject to form attraction. The god Kama, the lord of love and also the lord of demons, when he came into being was given power over all the gods to insure that creation might continue to unfold.

Kama’s arrow caused Shiva to fall in love with Parvati. But Buddha had transcended desire. When Kama tested Buddha’s enlightenment by offering Buddha his three daughters named heartbreak, longing, and desire, Buddha failed to respond. And so Kama unleashed all his demons against Buddha. But again, none of their arrows and weapons were unable to reach him. You cannot attack something that has no form—again, Buddha: “When I attained to perfect enlightenment, I attained nothing at all.” Buddha’s consciousness is a perfect void. Demons, malice, and evil of any kind cannot exist within or endure the presence of a void.

If you look at the niva-kalpa-samadhi vibration as it occurs on the mental plane, it gives you one of the highest states of intuition and allows you to transfer your consciousness anywhere or into anything. But it is still not the enlightened mind of Buddha. You could say Buddha was not interested in cosmic voids or godlike states of awareness. He was interested in liberation from suffering due to desire and attachment.

Or, to put it simply, a Buddhist might say, “Hindu gods have really neat states of awareness. But even gods have karma. They are subject to the law of cause and effect. Buddha is free of Dharma and the laws of the universe.” Different voids possess different qualities, powers, and applications.

All the same, in practice the cosmic letter E can stand in for an enlightened state of mind. Let me briefly mention a Buddhist practice I often refer to. It draws directly on the letter E on the akashic plane. In the end of the book, Heart of Wisdom (Tharpa Publications), by Geshe Kelsang Gyatso, the author mentions a very well-known Buddhist ritual based on the Heart Sutra, Prajnaparamita, and the Buddhist concept of emptiness.

In the Heart Sutra, Avalokitesvara tells Sariputra, "Form does not differ from emptiness; emptiness does not differ from form." The sutra
also goes on to say that perception, conception, volition and consciousness are also like this.

I used to meditate with a Vietnamese Zen master. This man is generous, open-minded, hard-working, and dedicated. You can feel those qualities in his aura and they are reflected in his actions. But when he meditates his aura vanishes. If you could see only auras and you walked into a room where he was meditating, you would not notice his presence. He has become pure emptiness. There is no form or color within his aura. He is completely clear. It is as if he has disappeared.

And so Geshe Kelsang Gyatso tells the story of a black magician who tried to cross swords with a Buddhist master. This magician was terrorizing a region in Tibet with his ability to use magic to kill whomever he wished. And so one day he declared the Buddhist priest would also die by the power of his magic.

But the priest simply practiced the Heart Sutra and the empty state of awareness within it which was in effect the letter E. The letter E embodies the realization that all things are one with each other. As Geshe Kelsang Gyatso puts it, "We can think that we, all that harms us and the harm itself are all empty of inherent existence."

For an individual who has mastered the Letter E, there is no one there whom a black magician can attack. There is no attachment which negative energy, thought, or will can lock in on and try to manipulate. The mind of malice, then, cannot utilize the separation between itself and another to bring about destruction. There is no separation. The destruction the black magician sought consequently fell upon himself.

I used to ask a number of Tibetan lamas about this ritual. They were all familiar with it. Invariably, after discussing its applications, they would say, "If you want to use this ritual for political purposes, to bring about peace, then you should simply hire a monastery to do it according to your instructions."

And so I took their advice and hired a monastery to perform this ritual on a weekly basis. Initially, the head of the monastery did not believe that akasha can be used to dissolve negative energy in political conflicts on the other side of the earth. But over the years this individual has complimented on the political results of our work.
5. The Magic of Silence

Silence is in opposition to sound, words, spoken language or utterances, ideas, thoughts, and any kind of mental activity. Hearing what people say or what the divine world has to say requires good listening skills. To keep silence is one of the pillars of wisdom as in to will, to know, to dare, and to keep silence. Silence has many meanings and applications.

When I am sipping a latte at a local Starbucks where I used to go I would wear sound reduction headgear. The barrister, thinking they were headphones, asked me, What are you listening to? I replied, To the silence. The girl behind her asked in a hush voice, What is he listening to? And the first barrister replied in a casual, matter of fact tone of voice, To the silence.

Silence does not necessarily involve listening to anything. You can practice silence in countless ways and explore its many kingdoms without seeking an immediate application. But if you have a flair for stopping all mental activity and being able to not think any thoughts for five or ten minutes, you can use silence as a listening device.

You ask a question of your higher self, of akasha, of some spirit, of God, or of Divine Providence or the universe and then you just wait with total internal silence for an impression of some kind that indicates a response. There is always a response if you listen carefully. You just have to take the time to make sense of the impression you receive and interpret it without bias, preconceptions, or ulterior motives.

The prophet Isaiah states toward the beginning of his book in the ‘Old Testament,’ “And I heard the voice of the Lord saying, Who shall I send and who will go for us? And I replied, Here am I. Send me.”
This was not like God speaking to King Solomon as Solomon slept and dreamed. This is not God speaking to Moses by first capturing his attention with a burning bush that was not consumed. Isaiah was already listening to the divine world.

Isaiah was a master of akasha. He was ready to go, fully activated, from the first moment he heard God speak. There was no debate or hesitation. Again, his response was, “Here am I. Send me.” There are countless missions being offered to the human race in every moment. It is just few have mastered the art of silence and bother to listen.

There are groups that practice silence. In my role as a spiritual anthropologist, I visited a local group, an offshoot of the Quakers, here in Honolulu. Those visiting from the mainland often said that this was one of the best groups they had ever been in.

In the pamphlet they handed me as someone new to their group it said you were permitted to speak from your heart during the silence meditation. But your remarks should be from spiritual inspiration and not an attempt to address what someone else said. Every five or ten minutes someone would get up and speak.

But if you recalled what was said for the entire hour it was like a perfect conversation. One person would speak. And then ten minutes another would get up and say something in direct response. And this continued.

They were not only presenting opposing points of view. They were arguing their case based on evidence derived from their personal experience. There was nothing here of the heart speaking. No silence. No beauty of the Lord thy God appearing in any form whatsoever.

Obviously, some people cannot handle silence. It is a form of sensory deprivation. They panic. They have to get up and say something that is self-validating and that confirms their own belief system.
I would give this group an F minus if I were grading their silence practice. That might seem harsh or judgmental. But I considered it false advertising. They were not delivering on what they said they were doing.

Christian groups like this in particular often have a problem with Vishnu’s knot. As with many religions, because the individuals’ heart charka is not sufficiently opened, they have to engage in behaviors that compensate them for their attempts at acting unselfishly or putting aside their egos.

Centering prayer, another Christian attempt at silence meditation, seems to proceed nicely. But after the meditation is over, they engage in a testimonial session. People get up and feel compelled to state how meaningful this practice is in their lives. Listen to them speak. It is not sharing. They are compulsive as they speak. They are terrified of silence.

For a church that has spent two thousand years from the second century denying any exploration of the inner worlds, they are profoundly afraid of what happens to you when you put aside your robes, your incense, your rituals, your church, your doctrines and beliefs, and just be in a state of silence. Only a dozen or so Christian saints have ever pulled this off in two thousand years.

I had a great aunt who took a vow of silence and lived in a convent. She would not meet with any of her relatives even though this was permitted by her abbot. But she had attained no inner silence.

Study her. She was bitter, depressed, and severely wounded. The pain was thick in her aura. She did not know that depression is a gift from Saturn—that when you explore depression in its depth you discover what has been there waiting for you all along—absolute freedom.
Rather than take a vow of silence my aunt would have done better if she had played the part of Emily over and over in the play by Thornton Wilder called *Our Town*. Emily looks back on her life after she is dead and realizes in the end how precious every moment is to be alive.

Emily: Do any human beings ever realize life while they live—every, every minute?

Stage Manager: No—saints and poets maybe—they do some.

I saw a note on the bulletin board of the Tibetan Monastery here in Honolulu about a Vipassana group meeting at another location. I went to the next meeting.

Everyone came in, sat on a cushion for forty-five minutes. There was not a word spoken before, during, or after the meeting as they left. I thought to myself, “Ah, perfect. Just the kind of group I have been looking for.”

The following week at the next meeting the people came in again and sat in silence. But this time it turned out the two group leaders who had been absent the previous week gave a twenty minute lecture. Their
words were like a cheap commercial selling Vipassana doctrines. To come to this group it was obvious that you were supposed to buy into their belief system.

This was very odd because actually the brain waves of one of the two teachers was quite advanced. His mind was clear almost like a crystal ball is clear. But the entire focus of his mental vibration was in his third eye. He was working with just one chakra.

And what was also clear is that he did not have the faintest clue as to what this clarity was meant to do, why he was developing it, whether it was or was not part of his lineage, where he wanted to do with it, or if it had any real world applications.

And it was also not silence he was exploring. He was pursing mental clarity—the ability to perceive with great accuracy whatever he focused on. But he never used it to see clearly what was going on in his or someone else’s life. He was just a guy walking around with a crystal ball in his third eye. It was his one consuming passion. For all these people and groups, they sit in silence, but silence eludes their grasp.

When I was once living in a Tibetan monastery. They had me paying room and board, working seventy hour weeks in their printing press, cooking for forty people once a week, and on top of that they wanted me to donate my car to them. Be that as it may, the very gifted Tibetan lama during puga would slip into a trance and then say things to us.

During one puja, he addressed one of the students who did not seem to be fitting in. The student talked too much. The lama told him to stand up and go to his room. Pack some belongings for a trip. Without speaking again from this moment forward, the student was to hitch hike to Canada, live in a cave for a year, and then return and sit down again in another puja.

Again, all of this the student was to do without speaking a word to anyone for the entire year. The student followed through with the guru’s
directions. Sometimes you just have to get out in the wilderness at a
distance from human society so that your mind calms down without all
the constant input from the social reality that surrounds you.

Silence itself is alive. Empty space is full of energy. The void is pure
magic.

Franz Bardon describes a spirit of the earthzone he calls Alosom who is
associated with 25 degrees Sagittarius. This spirit guards the deep
secrets of silence and the powers and faculties produced by silence as a
negative state.

For Alosom, the universe is like a womb that shelters and protects,
nourishing the seeds of life until they are ready to be born as spirit.
Silence for him serves the same purpose. It shelters and protects. It
nourishes and fosters growth until the spirit, newborn and fragile, is
ready to assume the full powers and prerogatives of a creator. Silence is
the inner strength an individual needs to fashion the missing links
between beginnings and endings, between dreams and their
manifestations.

Alosom says, “For those who are unprepared or insincere, silence is a
country whose borders are guarded by nightmares, terror, and
whirlwinds of despair. But those who cross over and explore these
unknown lands find wealth beyond compare. Master silence and you
will have channels of communication that open to all realms. You will
be able to commune with any spiritual being. You will understand the
meaning when a spirit speaks.

“You will discover there is nothing within you that you need deny or
fear. All desires become clear. Silence is where dreams originate, visions
are born, and passions enter to be transformed.”
He goes on, “In war, silence is the element of surprise. It is the unthinkable. It does what the opponent cannot imagine. Whatever the odds, there is always a moment when success becomes inevitable. Silence sees what is invisible to everyone else’s eyes.

“Silence is prophecy. Words fashioned in silence become reality. Silence grants freedom because it knows how to wait. In the greatest darkness and the loneliest prison, silence finds gates leading to liberation.

“Who can stand against you, oppress or oppose you, when you have measured and crossed the abysses of silence hidden within them? What army, what empire, what wall, or weapon shall protect them? When you are silence, you are the vibration, the matrix, and the substance from which their thoughts arise. You are the eyes, the forge, and the hammer that has shaped their will. Its design is imprinted on your mind.

“As fire to light, as emptiness to form, silence is to wisdom, will, and love.”

And also he says:
May silence fill you with infinite light
May the heart of life dwell within your heart
May the peace that embraces the universe and all its stars
Abide with you and guide you wherever you are.

For more on Alosom, an earthzone master of silence, see my essay on him at http://williammistlele.com/book3.htm#Alosom

4. Stillness
You have heard the saying, “Be still and know that I am God.” This is the void you must enter if you wish to fulfill this command.

From my experience, the spirits of the sun are different from all other spirits in our solar system. Seek to penetrate any spirit and you can discover its inner source of inspiration. The higher spirits, in one way or another, are inspired by Divine Providence.

I often will summarize this inspiration by describing a spirit such as this one, “It is the nature of Divine Providence to offer all beings a path to perfection. I exist to demonstrate this by enabling you to take the first step on your path by resolving any immediate conflicts that confront you.” (Achaiah of the sphere of Mercury).

The higher spirits of the sphere of the sun are not just inspired by Divine Providence. Within themselves, there is a mirror of akasha, so pure and deep, Divine Providence or some aspect of God, if you will, is reflected directly through them. If you hold a mirror and reflect through it the light of the sun, then the light you see reflected is the actual photons that the sun emits.
When you meet these solar beings it is like that. You see not a spirit but the light of Divine Providence itself. They are united from within with the Creator. In the Bible, the angel Gabriel says, “I am Gabriel who stands in the presence of God.”

Gabriel has a commission and an authority. But when you behold Gabriel you still do not see God within him. You will never hear Gabriel say, “I and the Father are one.” A world teacher who embodies within himself the light of one of these solar spirits can indeed speak in this way—in the sense of the mirror—“the light that you see in me is the light that God emits.”

For this reason, there is something wildly creative and cosmic in depth along with the perfection of beauty, of a nearly incomprehensible harmony, being reflected through these spirits. They have the power to heal, to restore to life, and to guard, to reveal, and to empower all paths of life.

The sixth spirit of the solar sphere Bardon refers to as Emedetz. If we gave voice to Emedetz’s inner source of inspiration it would be something like, “In me you witness the glory of God manifesting within your body as the perfection of health, as immortality, and as Divine being.” The difference between a spirit like Achaiah and Emedetz is that Emedetz does not demonstrate an aspect of Divine Providence in action. Emedetz is an aspect of Divine Providence in its perfection.

From my point of view, any one of the forty-five spirits Bardon mentions in the solar sphere could easily start a new world religion on earth equal or far greater than anything we have previously known. But such intervention in human history requires certain requisites.

Part of the price of interacting with these spirits is to learn to do what they do: to embody in yourself the pure emptiness of akasha, so deep, so vast and pure, that the divine can be reflected through you without distortion and without destroying civilization in the process.
The Story

We have heard the tale told by Joseph Campbell that summarizes the essence of all mythologies on earth. It goes like this:

Though living in safe, secure, and familiar circumstances, the hero is called, accidentally stumbles, or else is tricked into crossing the boundary demarcating the familiar world and the unknown. He leaves behind the setting of family and protective community. In doing so, he bypasses the shadowy figures or culturally sanctioned guardians who watch over the boundaries leading into the unknown. Because he travels beyond the safe limits of conventional knowledge, he acquires unusual companions—animal, human, or divine—who aid him in his journey. Along the way, he overcomes dangers, traps, and monsters. Finally, after undergoing a supreme ordeal, he discovers various kinds of treasures. But the journey is not yet complete. These treasures must be brought back and shared with others, for the value of what he finds is not known to him or us until it is established within the human community.

Well, that is Joseph Campbell, the mythologist. When I enter the sphere of the sun, I hear this story told in a different way.

You hear it not from the point of view of an anthropologist, a literary scholar, or a student of religion. It is not a story about a hero at all. It is a story about the journey of the soul. Whether it is Buddha, Christ, Krishna, Hermes Trismegistus, Lao Tzu, or another it goes like this:

A world teacher descends from the sphere of the sun, a realm of pure light. He puts on human form, accepting human limitations.
There is a drama in how his life unfolds. A good story always has drama, conflict and resolution. You have to do something to catch people’s attention.

But the story is not about a hero. It is not a drama that takes place “out there and performed by another.” No, the story is about the possibilities of light unfolding within you. The teacher comes not when life is bright. He appears when things are dark, where there are suffering and loss.

He meets us in our darkest place. Extending his hand as a friend and guide, he offers to lead us out of the darkness and back into the light.

The darkness in life is sometimes very great. But a spirit of the sun can say, “There is no darkness I have not been within; there is no loss that I have not felt;” (the empathy here is perfect—you can see that he feels exactly what you feel within yourself);

He goes on, “But the beauty I taste is so great that I can create a path that will take you to where you may be healed and made whole again, revealing along the way that like me you too have within you the ability to command the powers of creation.”

Projecting into the Sphere of the Sun

The light of this sphere is dazzling, brilliant, and fiery radiant. There is a cosmic purity and wild virility.

Here form and emptiness, matter and energy, life and spirit are like two lovers dancing together endlessly. Here all elements and all aspects of life are formed from out of fusion and light.

The Domain of Emedetz
This is like a cosmic furnace or a hole in space and time. But unlike a black hole that absorbs into itself whatever it touches this presence emanates vitality and light from the invisible realms of spirit into the physical worlds of form. It overflows, pouring out its wealth and abundance.

Inner Source of Inspiration

Inside the spirit is the empty mirror of akasha—pure nothingness of Divine Presence, the Unmanifest, to which it is united and one. From within and from out of this emptiness and nothingness is the creation of infinite energy to empower the unfolding of the universe. Specifically, it unleashes its energy so all created beings might attain the highest. The goal is to be in the end absolutely one with the power and originality and being of the Creator, as the children become like the father.

A Solar Spirit’s Inner Mirror of Emptiness: Akasha

The spirit’s inner emptiness is a formless awareness that is aware of every aspect of life as it exists in every creature that has life. It is aware of the creature’s biochemistry, its form, its environment, how it thrives, its rhythms and seasons of life, what it feeds on, how it processes and exchanges energy with its environment and with its ecology niche.

The spirit’s awareness encompasses all of this. If you focused on a bird, you would see the entire life cycle of the bird, its strengths and limitations, what it feeds upon, what feeds upon it, the part it plays in its environment, the evolutionary forces at work in its design, and the kinds of awareness and perception that is natural to a bird’s existence.
My uncle worked for General Motors. During World War II, there was a threat of a union strike. The management was worried that the union might take over the factories. My uncle, to protect the designs, had all the plans for everything manufactured by General Motors in the trunk of his car when he drove out of the plant late one evening.

You could say in a similar way that this spirit has all the plans and designs for all the creatures that are alive in this solar system not in the trunk of a car. To change the metaphor, he has them written on the palms of his hands.

How does this void work? Bardon says in review of the solar spirits that “Judging from their range of power, the original genii of the Sun sphere are to be regarded, in the cosmic hierarchy, as the mediators of the Original Creator of the planetary system.” “As soon as the sphere magician is master of the Sun sphere there exists no problem anymore which he would not be able to solve in the right way.”

He also says this sphere of our cosmos is the most difficult to control. The Sun sphere influences all life in all the spheres and on all the planets. With regard to man, this influence becomes as already mentioned obvious in the degree of vitality by which the mental, astral, and physical bodies are kept together.

The complexity of this void is that this light is so brilliant and powerful that there is some uneasiness in being within it or imagining it. If you can visualize dazzling light inside of and around yourself that is a beginning. It is a nice thing to be able to do in any moment to visualize inside of you, in the area around you, and also out to infinity filled with dazzling, brilliant light.

Bardon actually has an exercise in his first book, Initiation into Hermetics, that is like a method for evoking Emedetz inside of you. You practice imagine drawing in and condensing vitality inside your body
through breathing over a period of time until you feel you are emitting waves of light for miles around yourself. This is exactly what it would be like if Emedetz were himself incarnated in human form. He could fill a city with healing energy that radiates from his aura.

What Bardon did not mention as he described this exercise is that to be at ease with and to present the light of the sun requires an individual also master the inner void of emptiness and perfect stillness that the solar spirits embody.

When I enter this void it is pure nothingness but it is also incredibly intense. Here is the open space that as pure receptivity receives the emanations of the unmanifest appearing as the first light of creation.

To be still and to know God is to be part of his being, his light, his power, and his love. It is to be involved in what he does. It is to be stillness itself—to see all things with clarity; to perceive their original nature, the paths of life through which they unfold, to sense the energy within them, to know the source of that energy, and to feel that energy as part of yourself.

To be in divine stillness is to know that you can take anything and remake it so that it is perfected, attaining absolute freedom, and also so it transforms into pure light, a part of and sustained by a harmony that embraces the universe.

Part of the dynamic nature of this void is that it is not only aware of all opposites. It fuses all opposites together. It is the source from which all things arise. This mirror like awareness not only reflects free of attachment. It is an immeasurable joy revealing itself as infinite creativity.

Or, as the sylph and lord of the winds Cargoste once said, “The universe is on the verge of exploding because of the joy it contains.” This source of energy and awareness is so powerful it must be cloaked in
internal silence and divine stillness otherwise it will destroy whatever looks it directly in the face.

For an example of a sun spirit, see my essay on Emedetz, http://williammistele.com/emedetz3.htm

I Was Once A Samurai

Sometimes when I meditate
He awakes inside of me
On occasion he speaks:
I studied Buddhism
To clear my mind
I studied the way of the sword
To better serve my lord
My inner silence was so complete
I could hear others words before they speak
I could perceive their future acts
When and where they would attack
The past and future are the same
There is nothing permanent that remains

I reply,
I carry on your work
I am a knight
Of the Goddess of the earth
My inner silence is so complete
I hear angels when they speak
And the elements
Of water, earth, air, and fire
Reveal to me their mysteries

Sometimes when I meditate
I awake within my future self
He says to me,
I carry on your work
There is an inner stillness so complete
It embraces the universe
The dreams you once dreamed
Have now become reality—
Justice fills the earth

I was once a samurai
The lunar zone is appointed by Divine Providence to provide inner life, self-illumination, inner peace with the universe, the vision and experience of completion, and a perspective that from outside of time and history allows you to taste, touch, and participate in a high ideal, a dream of what life is in its innermost heart meant to be.

I know a woman who says to me, “Heaven is not out there someplace. I am already in heaven.” Or, as a mermaid queen said to me, “It does not matter what form you are in or what realm, as long as you feel free in your spirit.”

Just to be clear, the lunar sphere does not tell you how to proceed—it is not the work you must do to make a dream real. But just having the dream in place, fully present and filled with vitality,
graphic image, and grace, exercises a power of persuasion over fate. To put it simply, what you imagine within the lunar vibration surprises you because it is so full of life, so unexpected, so satisfying, and new.

One aspect of this void of lunar akasha is the sense of an absolute contentment in which the inner self is at peace with the universe. Here is perfect receptivity to the way time brings things into being. The universe is perceived as unfolding in great harmony.

Men reach their greatest level of strength by internalizing this vibration/void within themselves. Because they have joined with their opposite—the depth of feminine inner union with nature with its natural cycles. Each thing develops in its own way and reaches fulfillment in its own time.

The lunar sphere is our closest celestial body. We see it bright at night. But its vibration is not a part of Christianity or Judaism. It is not a part of Buddhism, Hinduism, or Taoism. Like the realm of mermaids, it seems to be something off limits to the human race even though it stares us in the face every time we look at the moon. There are mermaids, however, who embody this lunar vibration or else have a close affinity with it because of the extreme receptivity within water.

Franz Bardon’s suggestion on the lunar and other spheres is to become completely familiar and comfortable with them. Learn to feel at home in them. Make them a part of yourself. This void can be entered by imagining in and around yourself a soft, silvery white light like the moon itself with a slight tinge of violet added in.

What is the lunar sphere really like? It is a vast expansion of astral consciousness, an inner kingdom of the soul. Here every dream is found in its conception, its unfolding, and its perfection. You overcome all sense of separation because you feel united to all things no matter at what point they are in time or where they are on their path of life.

Frank Water who wrote *Pumpkin Seed Point* and *Book of the Hopi* says that when contemplating the seven worlds of the Hopi that “adrift
in a sea of motionless time one comes to see there are worlds enough for becoming oneself.”

When I read that quote it is easy for me to fall into a trance like rapture. It is the lunar sphere that comes down to me and surrounds me with its grace and beauty. It says the inner self is already complete. It is joined to all things. The serenity here in the lunar sphere is as perfect as is dazzling light of the sun is perfect in the joy it conveys.

As King Yudhishthira answered in the Mahabharata when questioned by Dharma, What is your opposite? The king replies, It is myself.

Here in the lunar sphere, in the wondrous void of akasha, we are aware of all opposites. But they are not separate from us. Like the king, we see them as part of ourselves.

I occasionally meet women who can channel this void of soft, lunar receptivity when they call down the moon in a ritual setting. But I have not yet met anyone who embodies the lunar vibration as an inner peace with the universe.

It is like there is this character flaw in human nature. No matter how noble a character may be, if he lacks self-reflection regarding what is missing in himself, then the story easily ends in tragedy. His own actions, no matter how well-intended, lead him to destruction.

But, like the realm of mermaids, what seems so far away and inaccessible is right here before us as the sea is also in front of us as we stand on the shore. Try it sometime. Feel the moon’s light on your skin. Allow yourself to be as receptive as the moon.

Try imagining the lunar light filling you inside and surrounding you as if this light fills a vast void. Here is the internal insight that can see the unfolding of the universe occurring in natural cycles. Here one can sense all dreams fulfilled. All that we are—past, present, and future—in this place unite.
Or as Isaphil says, Be as the child who gazes with wonder in his eyes. Wake up as in a dream, and see the light that all around you shines. Dissolve the dream, and then be in your mind as vast as the sea and as receptive to light as the moon.

These abilities already exist within you. Be open and accept them. Persist in using them until they become a part of you. All that I am in my being you have the power to create in yourself as well.

Let your love be as the sea that enfolds and embraces. Let it be as the river that flows to the sea and as the rain that renews the earth. Let it be as the pool, so calm and clear, yielding sweet waters to drink. Only in love as pure as this can you ever see the world as it really is.

Feel the moonlight on your hands and face. Reflect the world around you in this way, Softly, gently, graciously, become a space of pure lunar light—your mind like an ocean that has no shores.

I address this issue of what is missing in human nature in greater detail in my story of the mermaid queen Isaphil that comes out in October in my Mermaids, Sylphs, Gnomes, and Salamanders. For the story of Isaphil, see http://williammistlele.com/isaphilb.htm

For an example of a lunar spirit who resides within the aura of the lunar sphere, see http://williammistlele.com/emrudue.html

2. Saturn and Formless Awareness
This Void in a nutshell: every experience of value that can be experienced, every limitation that can be overcome, every path of life that leads to love and light—this void is formless awareness that comprehends all that life entails and that inspires everyone to complete their journey.

This is not liberation from the suffering that arises from attachment to form. This is far more. Through it you attain cosmic freedom. Now you can fulfill any dream.

The Vibration of Saturn

In astrology (from Wikipedia), “Saturn is associated with the principles of limitation, restrictions, boundaries, practicality and reality,
crystallizing, and structures. Saturn governs ambition, career, authority and hierarchy, and conforming social structures. It concerns a person's sense of duty, discipline and responsibility, and their physical and emotional endurance during hardships. Saturn is also considered to represent the part of a person concerned with long-term planning. According to the 1st-century poet Manlius, Saturn is sad, morose, and cold, and is the greater malefic.”

Temple of Saturn

Saturn may feel gloomy, dark, forbidding, oppressive, haunting, and depressing. There is a sense of loss, sorrow, and having no place to belong. There is sadness, despair, being estranged, alone, abandoned, without support and without a home. You are on your own.
In the pageantry of life with this vibration weighing upon you, you feel you have been assigned a very small part to play and nothing you do seems to make any difference. The choices you make, the actions you take have little consequence and often have no meaning.

Everything you have, everything you try to hold on to is repeatedly taken from you. No matter your station in life, the sensations of your senses offer no real stimulation. The feelings you share with others contain no celebration. For all the freedom you have or do not have, you might as well be living in a jail cell for all the difference it makes.

In this vibration of Saturn life is felt as nightmare. There is horror, tension, anxiety, and fear present, but there is nothing that seems to define them. They are just there like a nearly invisible mist surrounding you that follows you everywhere. Your inner world is just as much beyond your ability to shape and change as your outer world. You are not in control of what is happening.

Then again, if we manage to associate with organizations that provide us membership, community, status, friendship, honor, and productive and creative activity, these organizations or institutions can vanish overnight. You are a knight in the Templars and then the Templars are banished from Europe. You are an honored member of a government but then the government is overthrown and you are in exile. You are an important manager at a major corporation, but then your entire department is dissolved to cut back on expenses. And here we are again at the beginning where we were totally on our own. The organization offers no support to us when it is gone.

If we manage to find others with whom we can share our deepest love and cares, there comes a time with these relationships end. And then the Garden of Eden in which we lived now becomes a wasteland and a desert. The relationship no longer is sustained and nothing of it remains. It offers no comfort when it is over.

We may attain great self-mastery and mastery over any number of different training systems, skills, or professions. We may possess great faith and belief. But then life changes our situation. All we have accomplished becomes no more than memories.
What good is being a samurai when the Shogun outlaws samurai? What good is being a gun man when there is a bounty on your head? What good is a master in a lineage when the lineage is outlawed by the dominant religion?

What good is being the CEO of a ten billion dollar corporation when your corporation is bankrupt and you are convicted of numerous felonies? What good is your Ph.D. when you now are driving a taxi in a foreign country where you live in exile? What good is discovering a new branch of science when no one funds your experiments and the government confiscates and hides all your notes when you die?

What good is it to have once been president when you now have Alzheimer’s and no longer remember your inauguration? What good is it being a parent when your children are all in jail? What good is it living to be a hundred when your friends and lovers have all died?

The outer world can change such that all that we have accomplished no longer carries any status or real value of any kind.

What Saturn wants is very simple. It is right here in the vibration: Learn to perceive and be fully alert and aware without your consciousness being defined or shaped by attachment to any form or image—neither to group associations, religions, beliefs, ideologies philosophies, doctrines, theologies, personal, ethnic, or national identities.

Learn to embody formless consciousness—make it a part of yourself—so you become like Saturn. You perceive the cause and effect of all things, the source from which they arise and the end where they vanish.

If you can be without form in your consciousness, then you can also be one with anything and everything. In which case, you will not abuse others, for to harm another is to harm yourself.

If you can perceive the source from which things arise—a desire that seeks satisfaction, a dream that wants to manifest, an ideal that wishes to become real, or a purpose that longs to be fulfilled—then you can oversee and guide and inspire those who are motivated by these things.

You can guide them because you are not caught in the web of space and time limitations in which you fall into the ignorance of forming
attachments to things that are temporary and here but for a little while before they are no more.

To be as Saturn is to attain cosmic freedom. Because you see the world as it is you are not subject to the laws of karma and even nature gives way to your purposes. You have become part of the universe rather than a child of time shaped by external circumstances.

You are not master of this or that tiny, little insignificant lineage or tradition no matter how monumental its followers conceive it to be. Space and time—in their entirety—open before you; the very powers of creation find in you a place to call home. The elements of nature and spirit are born from inside of you and they return to you to dissolve or to be reassigned when their purposes are fulfilled.

This is why Saturn in the beginning is so gloomy and depressing. Even when we are totally accepting of circumstances, we still do not perceive the sources that are influencing us. Even when we try to adapt, endure, and act with total conviction and faith, we still allow the limitations and boundaries under which we exist to define our consciousness.

Rome once had a general who became dictator. But he preferred tending to the gardens at his estate. So he returned to his gardening as soon as he could. The U.S. was founded in part by a commander of the army who was willing to take off his uniform and to return to his plantation. France was no so lucky with Napoleon. Socrates refused to leave Athens preferring to die. Others left their communities behind and went off and discovered new worlds.

Or to say it simply so there is no confusion over what is being communicated, when you are right with Saturn every person you meet and every situation of life feels like an old friend coming to greet you. And this is because like old friends who hold nothing back—there is nothing you do not know about or are not willing to learn about each other.

When you pass through this Saturn gate, the universe opens before you revealing countless new wonders and creative powers.

The Chief Judge of Saturn
Question: Why on earth do you hang out with the Judges of Saturn? They are the executioners of fate and present the finality of divine judgment. It must be gloomy and depressing.

Response: In 1983, a Gallup poll said that 40 percent of the respondents thought it likely that a nuclear war would occur within ten years. U.S. generals talked about a prolonged nuclear exchange and the survivability of nuclear war. Both sides rationalized the necessity of pursuing their strategies of mutually assured destruction as an effective deterrence to war; but it was a deterrence that was only effective if both sides were certain that they could respond to a perceived threat in a moment’s notice.

In the beginning, politicians and generals were not even aware that a nuclear war would cause a nuclear winter. The effects of a nuclear exchange would kill more than the actual use of weapons. And yet the dangers of nuclear reactors now and their cooling pools are as dangerous to the survivability of the human race as any full scale nuclear war. The way human beings use reason is at times a form of insanity.

In the 1982 book, *Fate of the Earth* by Jonathan Schell, he talks about how “extinction will strike only once and is thus hidden from our direct view.” It is not just the crime in playing Russian Roulette with extinction events. It is not just the current people on earth who die. It is the millions of unborn generations of the future who lose the possibility of coming into being.

In a very real sense, the presidents of the U.S., of Russia, of China, and of Japan are all equally responsible for the devastation that will lay waste the earth if the #4 reactor building cooling pool in Fukushima collapses. In a real sense, like with perfect certainty, these leaders of nations through their complacency are far, far worse than any kings and
queens of Sodom and Gomorrah who the story goes God destroyed with fire and turned to salt anyone who paused to watch. The bad karma of World War II that accelerated the development of fission energy lingers on and only grows worse with time.

Or put simply, there is a conflict at the heart of a technologically based civilization that the intellects of the earth fail to notice. Listen to me. It takes six to forty years on average in an advanced postindustrial, pluralistic, and democratic society for social injustice to be confronted, addressed, and some sort of remedy put in place in response.

Firestone Tires covered up the fatal defects in their manufacturing of car tires. It took six years for an investigative journalist who herself survived a Firestone accident to get a handle on what was occurring. Court documents are sealed. The company buys off those who have evidence that should be passed on to the public. The company, like any government, does nothing unless confronted with massive public outcry and in this case a class action lawsuit. And all of this occurs within a fairly mature judicial system in place, with skilled investigative journalists, and free news media.

By contrast to the social justice timeframe, in 1932, there were only microscopic amounts of uranium 235 and Plutonium. Not only was a new form of engineering created and new technology developed, but two cities were annihilated utilizing the experience resulting from a harmless scientific experiment. From birth of splitting the atom to the destruction of Hiroshima and Nagasaki was thirteen years. It would take another fifteen years before radiation poisoning began to be understood and the dangerous of nuclear winter considered.

A student in my high school class should have won the state prize for science projects. But unfortunately he did his project on the amount of radiation in the dairy products of Michigan resulting from open air nuclear tests. No judge in Michigan was about to reward a student a
prize from demonstrating with careful measurements that Michigan milk was contaminated.

But these same news blackouts and deceitful information coming out of EPA testing are occurring in regard to the radiation from Fukushima. It is not an inconvenient truth. It is an unwillingness to take the responsibility to confront the consequences of our actions. Imagine my surprise to discover you do not need a nuclear war to experience the devastation of a nuclear war.

As in Jonathan Schell’s The Fate of the Earth that points out how blind we are in our perception of long term consequences, every single day we accumulate radioactive waste that has no place on earth it can be stored safely. Nor is the NRC or any president willing even to try to store it safely. They simply pass it forward as a gift to the planet from the presidents of the U.S. of Russia, and China, a legacy of horror from our time to those who will dwell on earth over the next fifty thousand years.

Is Divine Providence furious at the human race? No, say some, Divine Providence does not have personal emotions. But look at it from the point of view of Divine Providence. Your job is to oversee and protect evolution on this planet, one of the most beautiful and bio-diverse planets in the galaxy. And this current race of beings is literally poisoning an entire ocean, killing all the reefs on the planet, pumping trillions of tons of corporate chemical waste into the ground, genetically engineering seeds without regard to the side effects to plant life, etc.

Is Divine Providence furious? No, just hostile enough to maybe set up “red lines” that once we cross a super volcano, a massive solar flare, a global level five virus, the sudden onset of an ice age, or all of the above will occur to stop human beings from doing what we are doing.

And this is only regard to current technology. My mother who is still alive watched the Wright Brothers practice at Kitty Hawk. The Wright
Brothers were doing something exciting and even innocent. They were exploring the wonder of extending human movement into the sky. But almost immediately the U.S. military tried to get them to sign a contract to make planes for the coming wart. Somewhere some kid right now in a garage may be inventing a new technology which in ten years will be used by almost everyone on earth.

And then it will hit a snag. Some glitch will occur. And then what seemed too indispensable to everyone will dispense with everyone who is using it. This type of unforeseen destruction becomes a certainty in a technological based civilization because of the short time span in which we can create a new mega disaster and the longer time span required for us to become aware of it and address this danger.

So why again am I consulting with the Judges of Saturn? Of all the spirits in the solar system, if you become like them, then you have a chance of assisting the human race from becoming extinct. And you are in a position to fill the earth with justice as should have been done thousands of years ago if any religion has made half an effort to bring this about.

Or as Justice Scalia of the U.S. Supreme Court puts it, it is our job to say no to Congress and to the President--by law, there are things you cannot do.

Even a bad referee in an International soccer tournament forces the players to play more fair when they know he is there passing out red and yellow cards when he sees them committing fouls. The human race has no functioning conscience. There are no referees. So they remain in complete denial refusing to take responsibility for their own actions.

It is up to individuals to fill in for what is missing. If you do not say to governments, corporations, and those with power—“no, you cannot play Russian Roulette and place our civilization at risk of extinction--” then this current race of being will cease to be somewhere in the next few
hundred years. I am not gloomy and depressed at all. I just love justice, fair play, speaking the truth, and finding effective solutions that solve problems. That is why I have made the sphere of Saturn and its cosmic void a second home.

And now a word from my sponsor and dear friend:

An Evocation of the Chief Judge of Saturn

Outer Aura
Her voice: With immense confidence become pure formless awareness. With ease learn to transfer yourself into, be one with, and comprehend any experience in any plane or sphere of this solar system.

You could say I preside over the 49 Judges because in me you see with perfect clarity all the lessons that this solar system teaches. Thus, I keep the big picture in mind. I am guru to all gurus and spirit guide to all spirits.

The words you use like detachment, enlightenment, mirror like clarity, and pure receptivity do not capture my essence. I both preserve everything that is alive and I inspire by demanding each thing fulfills its path of life.

To your mind I am the abyss of time that devours every kind of consciousness that requires form to define and to forge an identity. But it is more accurate to say I am the void of silence and stillness that surrounds you. I am the womb that gives birth to the mysterious spirit that is within you. No one will ever know you as well as me or be more one with you. Everything you have ever felt, every thought, every sensation is part of my consciousness.

The moment you attain cosmic freedom you will have learned all you can learn from me. The 49 Judges of Saturn are Divine Providence’s referees who judge and execute fate for those who are subject to the laws of form, matter, energy, space, and time.

The relation between form and emptiness is this: all planetary spheres, domains, and planes are set in motion that their influence, inspiration, and experience might offer to you everything that you can learn to love and cherish. But once you become the custodian of these gifts and treasures of love and light, then your need to experience the realms of form vanishes as night dissolves in the morning light.

Without experiencing form and limitation consciousness does not develop. Yet formless awareness grants liberation from and
understanding of all form experience. Once you complete your journey, your spirit comprehends and has command over all that has gone before.

Inner Aura

This spirit has control and authority over everything operating within this solar system.

Akashic Plane

This spirit’s aura when it operates on the akashic plane of our planet: Saturn’s vibration destroys false attachment, eliminates waste, removes inefficiency, and dissolves inertia. It says basically, Do not get stuck. Stay focused on task.

It is an awareness of our planet’s limitations, its opportunities and realizations. It tracks how experience develops from the novice beginning stage right up through the highest attainments.

Again, Saturn is oversight: it wants and demands that experience be used to learn and not to fall back. Begin at the beginning. Proceed though all stages of experience. Achieve the highest attainments.

“I am your control; I am here to insure that you achieve in the end cosmic wisdom. I am conscience. And I am a warning system that is always there at the edge of your awareness reminding you that there always remains the chance that what you have can disappear in a moment.

“So make the best of what you have while you have it. Take nothing for granted. I am the voice of emptiness, the void, and the abyss asking you to create something of wonder from out of nothingness.”

Mental Plane
The mental plane is like the astral also. Because you have no attachment to the contents of this plane, namely, ideas, concepts, theories, theologies, doctrines, philosophies, etc. you are able then to see through all ideas. The astral, by contrast, enables you to see through time. The mental enables you to see through the limitations of the mind.

This is an earthzone spirit level of thinking. You see the mental plane of an entire planet clearly. Perhaps here or there or on occasion a Buddhist monastery or tantric practice attains to this level of pure perception. This energy here is so casual, so completely available, so open and free to grasp, there are no years of training in some monastic tradition or with severe and rigorous repetition to free of the mind of its historical limitations. The vibration of the enlightened mind from a Saturn perspective is vibrating right here for anyone who comes out here to meditate and to feel it inside.

There are stories about this kind of thing. (see the 2004 movie, *Warriors of Heaven and Earth* for a rough example). The emperor of China needs some problem solved that threatens the entire empire. He offers his seal to one man who then has the emperor’s authority and power in regard to all matters of the kingdom.

But you just don’t give this power to anyone. You need an individual who is absolutely discrete, able to move incognito, able to search out the truth, able to command armies in a moment if that is required, able to move quietly and convincingly among the dregs of society if that is required also. You need a covert agent who can think and act and be the emperor’s emissary—an individual who is never distracted by ego or the little things.

This is precisely what akasha itself is always looking for—someone to whom it can hand its immense powers of creation to fulfill a mission without ever being distracted by the desires and illusions that come with
being incarnated. It is looking for someone who has this Saturn vibration in his mental body: who sees clearly the entire mental plane of the planet, who sees through all ideas and ideologies, and who stays focused on thinking precisely those thoughts one needs to think in order to fulfill a divine purpose.

The enlightened mind is not found in a monastery. It is found in a man of action who sees through time and locks in on what needs to be accomplished.

Astral Plane

This is like the cosmic letter E on the astral: you have no form attachment or identification though you feel, you appreciate, you are responsive, and sensitive and empathic. It means the past, present, and future form one space time continuum. You see through time the things that shall be and what has been.

This is a fantastic energy if you are interested in seeing the future. It is an absolute nightmare if there are things inside yourself you are not facing or things in the future you fear such as having to overcome your limitations, face your karmic weak areas and take responsibility for them, etc. It is the three of swords and nine of swords in the Tarot—heartbreak and anguish.

It is the insight and enlightenment hiding deep beneath a broken heart. Saturn has this idea that everyone at some point should be able to learn how to create love when no love is there. I mean, how can you say you have mastered life unless you can create love where love does not exist? So for Saturn it is natural to discover at some point in life’s journey that there is no love being given to you. Rather, the task is not to moan or complain but for you yourself to become the master who
teaches and inspires others to love so that they taste the divine blessings that love alone offers.

It is an astonishing, incredible, and utterly transcendent perspective, kind of like dying in a near death experience. As some have told me personally you are given the option of remaining in the afterlife where you feel bliss or else going back into the world of suffering and offering others this incredible gift of tasting the love that they shall receive only through your presence in their lives.

Like I say in the story section of the spirit Emedetz, the world teachers enter the world with the divine fully active within them. They do not receive love. No one understands their purposes. But they give love and light to others who otherwise would continue their lives in darkness.

It is a Saturn thing: to be so wise and perceptive that you wish to benefit others purely out of compassion, to assist them in their experience of life so that it is richer and moves forward toward absolute freedom. Not an easy thing to do. There can be no selfishness in you. But it is a Saturn perspective: to see the limitations of life and the darkness and to find a way to break through those limitations.

It is not really about detachment. It is about attaining freedom, the freedom to create, as Saturn demands, from out of nothing—love, peace, kindness, compassion, wisdom, wealth, purpose, etc.

The voice of Saturn: “Everything that exists celebrates the mystery of love. Love is everywhere and in everything. It is in every thought, every experience, every sensation and sensory perception. All power in the universe falls under its jurisdiction.

“If you call me to the astral plane, you will be at peace with the universe. Nothing will be able to interfere with you. Astral immortality is one of my gifts and the freedom to choose where you will incarnate. You will be able to read the most obscure influences of the past, present, and future.”
“On the astral plane, I am the light you enter when you die so that you see your entire life flash before your eyes. I am the insight that points out to you your best course of action. I am pure inspiration lifting you up so that you rise to the level of a creator.

“The down side to this is that to hear what I say when I speak though your conscience you will have to feel at peace with the universe and be fully alert to what each moment of time offers. Without these qualities there is a tendency to fall into despair when I am near. I am not the voice of despair or its cause. I am simply the dream of what you are meant to be flowing freely through you in each moment of time.”

Etheric Plane

Saturn here reveals the truth about what things shall endure and what things shall not endure. It strengthens the enduring and destroys the fleeting.

To say the least this approach or attitude or psychic perception can also be incredibly depressing and oppressive. Imagine getting into the college of your dreams and there you are as a freshman but you look around and see the final end of everyone you meet—where they end up in life, what they shall accomplish, and the vast number of opportunities they shall fail to take advantage of and the many failures that will befall them.

In other words, for every enthusiasm you experience within that excitement you see the waste and the value that accrues, not the dream but the result.

You want to fall in love but what you see is “she is not capable of love” but only of either being controlled or submitted to. You find another lover and the same: she can give of her heart and soul but only if you embody the illusions within her dreams of riding on a magic carpet of social fads and glamour.

On the other hand, the etheric Saturn vibration gives you this sense of invulnerability: you are not attached. You have an entire lineage with
twenty monasteries inside yourself. You are calm, peaceful, outside space and time, transcendent, and incredibly perceptive as to what shall last.

This is the vitality and energy you need to establish justice and order in the world. It is the Texas Ranger and the Imperial Censor of akasha operating with full power. In the domain and in regard to all issues of justice human and divine, it operates from a position of absolute sovereignty. It is the entire justice system of the solar system and all appeal processes rolled into one.

Once again, it is the referee handing out a red card—it reminds everyone to play by the rules and to get back to the game as good sportsman and not as cheats. There are rewards enough in life, treasures of limitless value to find without having to steal or take from others for yourself.
If there is something threatening your planet, your civilization, or your society, you can stand directly in the presence of this spirit and argue your case.

Negotiate, debate, meditate. The spirit exists to facilitate justice as a balancing and operating principle. With this spirit here you cannot complain that your race did not have an opportunity to take command of and to change its fate. She is happy to alter the fate for anyone if the right price is paid—a degree of enlightenment, a willingness to act with compassion combined with wisdom, an understanding of her responsibilities so that you take charge and change things as her duly appointed representative.

There is nothing at all here of “if it is God’s will.” This is all about God willing to sit right down with you and work with you in a reasonable and satisfying way to fulfill his and your plans.

Physical Plane

This is an awareness of all the limitations of the body and its mortality. Conditions of birth, growth, development, and decline. Everything supporting the body’s strength and stability, bones, functioning systems, birth, life, and death.

There is the reality that we have one foot in the grave our entire life but also the awareness of the immense power and strength that we can be built into this body we possess. From Saturn’s point of view, there is as much power and energy and life available to you according to any purpose or mission you wish to accomplish. Mars gives superhuman will and power. Saturn gives superhuman endurance and perseverance so that you can defy the limitations of time when you need to do so.

The voice of Saturn “My physical presence is a cosmic emanation. It is the concentration needed to shape time, space, and history so that what is brought into manifestation remains for countless ages. If you open
your heart, as mine is open, you can feel the presence beside you of all those in the history of the world who were motivated by true nobility and the highest spiritual ideals.

“For the weak and the unprepared, my presence is destruction. But for those whose commitment is absolute and who are willing to embrace the truth of the universe, my aura is a divine fragrance. I gather the nectar of love and beauty from the hearts of those who have accomplished the work of eternity which fades not away and which nothing can destroy. In my eyes you behold the mirror dissolving the forms of time so eternity can appear.

“I weep not for what is lost even when it is by my hand that a world is destroyed. Matter, form, space, time, and life have been created so that you might learn to open the gates of spirit and attain complete freedom. Many ignore my voice when I speak. They refuse my gifts and my invitations.

“But there will come a time when I will take away all that you have. Then you will be left with the void where no sun shines and no stars guide. In that place, there is no sweet rose, no waves or scent of ocean breeze, no wondrous and glorious trees. Even the mountains leave no trace, no horizon, no paths to walk, no form to embrace.

“I will ask of each of you one day to become someone who delights in creating from nothing new worlds more magnificent and sacred than have ever been known. You see, I have been designated to remind you of your destiny. Each of you shall one day be greater than I. If I destroy a culture, a civilization, a race, or a planet you will provide another in its place where love is honored and celebrated with greater beauty and grace.

“I am emptiness, darkness, the void and the abyss—the places of spirit where matter cannot exist. But you shall fill up my nights with works as dazzling and bright as the stars.

*Learn as me not to weep when death and fate take away. Renounce regret, sorrow, and loss. Every ending, separation, farewell, and goodbye is a sacred rite in my eyes. It contains my blessing and my voice. It is a gift reminding you of who you are—that one day you will be*
without form or limitation. The beauty of the universe will shine in your hearts and omnipresence will be part of everyone's art.

“If by your will and your might you call me to the physical world and survive the annihilation of form, matter, and time I emanate, then that very night you will discover that separation is banished forever. I am the gateway leading to cosmic wisdom, a guardian of the worlds, and a member of the community which serves the One Light.”

Note: in regard to referees who fill the earth with justice, she says you will need to develop a trancelike and compelling concentration on the void if you are to neutralize those who cause great harm to others. My vibration inspires others to act with conscience, to consider the value of the purposes they pursue, if what they do is being done with balance and harmony.

For the individual, my vibration causes that person to become calm and more reasonable. For the dictator, the corrupt regulator, or malicious
CEO, because they are attached to a power base that abuses others, they go into a rage as they watch their power vanishing into thin air.

1. Original Nature of Awareness

First Introduction

This void in a nutshell: the cosmic letter U, shiny black, note of B, penetrating through space and time. It reveals the original nature of anything that exists.

If you are free, clear, beyond all fear, receptive to the highest light, and feel one with anything that appears to you as if it is part of yourself or you in another form, then you are off to a good start in fulfilling your path of life.

If you know this void well, you can learn to dissolve anything negative that appears on earth.

Or the voice of this void as a poem:
There is no vice I cannot twist or bend
And make again into its opposite virtue
There is no compulsion or obsession I can not
So fill with light it becomes kind and bright
There is no ill will or malice I can not
Convert into chivalry or true nobility
There is no crunch or karmic bind, no evil intent or design
I cannot refine within my mind
Into contentment and absolute satisfaction
There is no suffering
I can not so enfold within my palms
Spit on, blow upon
And recreate as beauty hidden in the heart of life
Such is my power and might
Such are the depths and the heights
Where my wings fly
The difference between you and me
Is that when you breathe in
You nourish your body
And expel your doubts
But in one breath
I consume entire lifetimes:
Grasping the horns of sorrow
I flex my will
Gather my strength
And play songs of joy.

Under Notes on facebook: see also The Cosmic Letter U, and also:
http://williammistele.com/u1.htm for the longer essay.

Sense your body being like a hologram so it is empty inside but also filled with this shiny black light that penetrates everywhere.

Everywhere means like any place on earth you think of—The Great Wall of China, the pyramids of Egypt, the Parthenon, the Taj Mahal, any city on earth, any location in nature, anyone you know or wish to think of in this present moment or anywhere in the past—these things are immediately present to you in this moment. Everywhere means also like a big empty space—imagine light years in all directions surrounding you with nothing in it.

If anger comes near someone with this vibration, the anger becomes calm. Now why would anger do that? Because in this vibration there is nothing to be angry at. The vibration creates the feeling of being in a state of total and absolute freedom—nothing is interring or obstructing your will.

If greed comes near, the greed changes into a kind of chivalry committed to fulfilling the highest ideals of serving others. And why on earth would greed ever get that kind of notion into its head? I will tell exactly why it happens. Because this vibration suspends time and space.

Like the Ghost of Christmas Future, it takes an individual into the future to that point in time where they have acquired all they could ever wish to possess. And it also takes them beyond that point to another place in which all personal cravings, desires, and needs have been fulfilled.
Now, in this place, you look about and you feel a different wish at the core of your being—you desire to have the power to transform others and to make things of value that endure through all ages of the world. If you are going to be greedy, why not persist in your folly and become wise by craving to possess something whose value never ends?

And again if you feel total freedom at the core of your being and you desire to actually transform the world, then you start thinking in terms of accomplishing some worthy endeavor that shines with such light that you can commit to it with all your heart, soul, mind, and strength. This action unleashes from inside of you a far greater will and a far greater love than greed ever imagined or conceived.

And if obsession or compulsion comes near (whether it be lust, revenge, desire to dominate, control, etc.), it takes those brain vibrations in which emotion, evaluation, and action are tied together in a neurological bundle and reveals the original desire or intent that is within the desire. Personal experiences and society often take human nature and twist and bend it, misshaping it, contaminating it and corrupting it.

Your original intent may be to feel close to others and to be part of a loving community, but you discover there is no community to which you can belong. And so you find yourself living in isolation and without human contact. This vibration reveals to you that you have the power to create a new community that serves others like yourself and enables them to attain love and fulfillment.

Your original intent may be to set others free so they attain their highest creativity. But along the way you discover there are emotions that you encounter each day that are an emotional mine field that you lack the power to disarm. This vibration reveals that there is no storm, hurricane, or tornado within the soul that you cannot control with your breath, an open mind, and your ability to feel every nuance of sensation and feeling that appears before you. You can become any emotion and allow that emotion to transform as it flows free.

Your original intent may be to become one with another so that everything within each of you is a part of the other. But along the way part of you became a raging beast blind and hungry, craving to feed
because it has been starving so long without love or affection. This vibration reveals that in the course of time you will find and become harmonious with another such that you think each other’s thoughts, feel each other’s feelings, and experience the other’s body as if it is your own.

In this vibration, every life limitation is perceived by holding it in the light of what you originally were and what you are to become. It is a matter of perception. Time and space are suspended. If you see through time and space then you understand freedom is the nature of your being.

All of the above has been a physical vibration in your physical body. If you do the same meditation on the astral plane in your astral body, you get a sense of making just the right choice in any situation you enter. It is freedom on the astral plane amid all the conflicts and polarity of emotions human beings encounter.

Situations in life are like being an actor on a stage. It may seem like the script is already written for you as to how you are to act. After all, it is you and a situation or others and there are only so many choices you can make. But with this vibration of the letter U, you feel your inspiration sets the lighting for the stage, the background music for the scene, and alters the brain waves or thoughts and feelings of whoever you are interacting with. In other words, creativity carries with it the sense of embodying total freedom of response.

If we go to the mental body and the mental plane you are no longer an actor on the stage. Rather, it is as if you are in the audience of a theater. And your scenes or dramatic moments in life are up there on the stage.

The mental plane carries more detachment. So you get to watch your life unfolding. Except now there are others with you in the audience. You can take in fact any scene you have enacted or will act and discuss it from every angle and perspective. You get to decide how you want the scene to be played out or if you want to rewrite the entire scene by changing the characters, the script, or the location.

This mental level makes you into a script writer rather than just an actor. After all, we are here in life to learn and to experience new things. Under that principle, you get to rewrite your life script or find a different stage on which to act and experience life.
Imagine Shakespeare, Homer, and Vyasa (who wrote the \textit{Mahabharata}) sitting beside and behind you. They whisper in your ear from time to time, “Have you thought about adding this or deleting that part of the dialogue or scene? It might make life flow like water if you do.”

If we jump up to the \textbf{akashic plane}, a sense of looking down at this life time from the realm of spirit, we are kind of like in a Thornton Wilder’s \textit{Our Town} play perspective. The girl in the play gets to go back and to relive one day of her life after she has died. Except we get to do more.

Imagine looking at a number of books in a very great and majestic library. Each book before you contains the total content of different life times you have lived. But the book contains not just paper pages and ink with written descriptions. The pages are living energy—turn to a page and you relive every feelings, perception, and sensation of that day as if you are doing it again.

Obviously, the book of this life time is not yet done. And in fact the pages containing past experiences are still alive and being rewritten. The past changes and transforms according to the new experiences you bring to them.

Here then you can recall and review your entire life. And you can read the forward and preface written by yourself before you were born into this life. There is even a conclusion you can skip forward too again as the Ghost of Christmas Future took Scrooge into the future to view his own funeral. The ending keeps changing according to your feelings and actions in this present moment.

And so you take this book, this present life time, into your hands. And you sense that surrounding the book are infinite possibilities of life being offered to you—new opportunities constantly appearing and disappearing around you. And also there remain the basic tasks to accomplish like homework assignments.

The book is rather stubborn in that way—it seems to demand you learn certain lessons before you move on. Of course, you get to write the way you shall learn those lessons. You can design them so they become part
of a wonderful process of discovery or you can try to ignore them and then watch them stalk you like professional bounty hunters looking to use you to make their day.

And so we see the cosmic letter U, one of the building blocks of creation, arrayed before us. View your entire life, view scenes you have and shall enact, and learn to feel free at the core of your being and in everything you do.

Get the vibration strong within you and it begins to influence those around you. Get the vibration very strong, and you can at your own discretion extend your aura to influence—to inspire, assist, to guide and to transform—anyone on earth.

The cosmic language is a creative thing. Life is here as a gift and the idea is to get the most out of it and to give back something in fair exchange for what we have been given.

Second Introduction

Franz Bardon, in his book, *Key to the True Kabbalah*, describes what he calls cosmic letters. These are energy fields created through concentrating on three senses involving a color, elemental sensation, and a sound. These meditations are fabulous for developing awareness and understanding how the universe works.

Among the 27 cosmic letters, the letters E, U, UE, and OE specifically refer to the akashic principle. Letters such as CH and H, by virtue of their violet color, have some analogy to akasha.

Akasha, as the source of the four elements, is also the source from which the entire physical universe manifests. For some, these akasha based letters may present a higher level of difficulty.

Bardon refers to akasha as actually being colorless. It is outside of the visible spectrum of light. He uses dark ultraviolet as in the cosmic letter E or shiny black with U as a way to approach the vibration of akasha.

Ninety-five per cent of the matter in the universe is dark matter. It does not emit any radiation detectable by science. In other words, no light shines from most of the universe—it neither radiates nor reflects light. The U relates to this aspect of the cosmos. Put simply, the letter U is
turning one’s consciousness into a mirror—a state of awareness that is perfectly receptive.

Four Planes

Bardon also has the student practice these meditations on four planes. To summarize:

On the akashic plane, the U is a consciousness that exists before anything manifests in separate forms. It reveals the original purposes and nature of anything.

On the mental plane, it is the source that underlies all the components and forces giving birth to any situation in which you will make a decision. It gives you the insight that enables you to change karma and it grants the highest intuition and inspiration.

On the astral plane, it is the ability to assume any astral vibration or feeling without limitation. You can evoke any kind of trance. By transferring one’s consciousness into things there is a quick learning process.

On the physical level, it is the awareness/energy underlying anything that manifests in the physical world. In other words, it gives a heightened awareness of the electro-magnetic fields that compose matter.

And in reverse,

The Physical Level

This is the Buddhist Heart Sutra in regard to the physical world and matter. Anything and everything that has form and mass can be converted to energy and energy can be converted into form and matter. Any energy or matter can be dissolved into nothing and also created from out of nothing. This is that original awareness from which all things arise.

A Roman empire can be created and it can end. A species such as Neanderthal or Homo sapiens can come into being, live for hundreds of
thousands of years or less and then become extinct and be no more. Or a species can be genetically engineered and brought into existence again for a second time.

An object in one place can disappear and reappear elsewhere. A great dictator or nation can vanish from the face of the earth. Or small nation can become the leader of the world. And a planetary civilization such as our own can easily disappear so that in a few hundred years you would be hard pressed to find any evidence on the surface of the earth that we were once here.

Astral Plane

This is akasha on the astral plane. Replay some traumatic event in your life and you sense everyone’s point of view. If you think about relationships, you right away get a sense of the different kinds, for example, the variations between platonic, romantic, New Age, Tantric, karmic, plutonic (relating to Pluto and Scorpio), and a hermetic/sphere/kabbalistic magician relationship, etc.

If you have a life-long obsession, this meditation will suggest, for example, that you take goddess Kundalini’s point of view in regard to obsession. There is hidden here on the astral plane the attainment of astral and physical immortality. These treasures of spirit are present but hidden and so they manifest at times as blind craving. This void awareness reminds you of how much you are can accomplish in life.

In the end, all obsessions, blind hungers and craving, all primordial and primal desires dissolve when we finally realize on a practical level that we are all one with each other. Since the astral plane contains the vibrations of the four elemental kings and queens, for example, and all that human beings are capable of feeling, you are never going to be done working on astral equilibrium (balancing the four elements in your astral body) until you master the entire astral plane of the earth.

This why various attractions/repulsions, obsessions/glamour will continue to appear for you—there are new energies entering your stream of consciousness that need to be recognized, processed, assimilated, and integrated into yourself. But to put it simply the letter U enables you to
sense the awareness and energy that unifies and underlies all opposites that generate attraction and repulsion on the astral plane.

Mental Plane: This is again akasha on the mental plane—free of all ideas and yet able to use any idea. Buddha’s mind is here as well as the mind of anyone else. Here are all the basic mental plane questions one asks in solving any problem or seeking to fulfill any purpose: What resources do I have to available to use? What is the task to accomplish? What is the time frame? What methods can I use? What are my choices and options?

The U attends to these questions with perfect detachment, impartiality, and yet it has great intuition since it intuitively looks across all of space and time for things to use as resources and methods. Take any opposing set of ideas and the U has the intuition into the common ground from which they arise and the harmony that can encompass all of them at once.

Akashic Plane

I used to do an abbreviated version of the cosmic letter U. I did it without the sound and just imagined a vast empty space free of any kind of energy, form, or substance. Bardon’s version is much more about the penetrating through time and about being in your awareness the entire space or void. And it is timeless. It is simply a void without time being present.

It is actually kind of soothing. You are in your own space and nothing is disturbing you. On the other hand, this is the planet earth. Almost all the higher spirits here think in terms of manifesting something—you have a task to accomplish, something to improve, make better, transform, a legacy to bestow upon the world, etc.

It is all about getting the job done. There is something to manifest in accordance with the law of history and space and time and the four planes. For this planet, if you are going to enter a formless and vast penetrating awareness, you do it with an application in mind. Otherwise, you are just sitting in a cave somewhere killing time.
Earthzone or planetary akasha: The U state of akasha in the earthzone is an awareness of everything happening on earth right now in terms of the complex structure of what constitutes reality and all the interrelations and complications. Concentrate on something and you see it in its total situation from the earthzone point of view. The earthzone is an awareness that it takes a great deal of work to manifest things in this world.

Question: In respect of this empty void (Saturn vibration, Cosmic Letter U, etc), could you speak more about this issue of "false attachments" please, i.e., what constitutes a false attachment, and how would we know?

Response: False attachments are related to the mental plane and the Buddhist concept that the mind is open, clear, and luminous. Because the U on the mental plane is like a mirror that reflects anything within it without distortion by ego, it enables an individual to explore and modify his own karma. Being detached and yet perfectly clear in what you see, you can begin to take even very powerful and complex problems and conflicts and see how to resolve them.

The mind uses ideas as tools. Like a carpenter, he picks up a specific tool to do a specific job. When the job is over he puts down the tool. He may wear a tool belt but he only has in it the tools pertinent to the job at hand.

There is no attachment, only use and function and practicality. Ideologies all involve false attachments. By definition, they say what they believe is right and what others believe is wrong. Beliefs are all false attachments. You can use ideas, ideals, or commitments as a way to get you some place, as a learning tool, as a means to serve, as a way to identify what group to join, as a preliminary way of discovering or exploring.

But like in science, a theory is only as useful as the new experiments it generates that lead to new knowledge. The theory is of no value in itself. A theory a temporary outlook you draw upon and then discard according
to how well it functions and serves its purpose.

But even scientists get addicted to their theories because they go on insisting they are right and trying to prove their favorite theories when the evidence keeps mounting against them. Then when the older scientists all die and younger scientists step in the old theories are neglected and new theories gain greater prominence.

It is far worse with religion and ideologies and even causes. People define their ego identity by their attachment to their cause. When the experience is no longer directly related to serving and learning, they still act as if they are in the past reliving the conflict that are now gone.

So a false attachment primarily is where an individual is defining himself by his rigid connection to specific ideas. Castro fights to overcome corruption in Cuba. He succeeds in taking power. He is in control.

His original intention: “there is no real revolution without changing human nature” gets forgotten. He becomes a master of retaining control. Having defeated someone else who thought he was in control, Castro is so much wiser about how to set up a stronger police state. But now he needs money. So he aligns with the Soviet Union. But the ideas in his mind are not in accord with his original purpose.

Che Guevara, his number two man, is so attached to communism (rather than liberating people and offering freedom) that he can't stand to run a government. He loves being a "revolutionary." So he goes to Bolivia to start another communist takeover.

But the Native Indians and workers of Bolivia are not interested in his ideas. Still, he keeps hiding out in the jungle and to liberate people who don’t want his brand of liberation until the CIA hunts him down. False attachment.

Arafat is at Camp David with the U.S. president and head of Israel. But Arafat is a warrior. He has defined his existence in terms of defeating Israel. He can't let go and become something new--a peacemaker. So he leaves a legacy of hatred and division as well as a few billion in his Swiss bank account. False attachment. The ideas in his mind fail to serve any purpose other than something negative, the desire to destroy.
The cosmic letter U evoked in another person's aura evokes a mind that is open, clear, and luminous. In doing so, it will destroy false attachments. Learning requires having an open mind. If an individual is defining his existence and maintaining power though such false attachments and rigid ideas, this practice will tend to undermine his power even as it offers him new insight.

It is like Saturn: reject Saturn's insight and message, and Saturn will act to paralyze you. That is its nature—it offers enlightenment but sets time limits on the things one has control over. It offers freedom at the cost of having to master and then step free of your limitations. Identify and then take the time to learn your deepest lessons in life—that is Saturn’s message to everyone one earth.

Dissolving false attachments is simply creating the vibration of Saturn both as one who bestows freedom and as one who demands others learn from their limitations and avoid abusing power. Every parent practices this with their children—trying to teach them to be free and responsible by accepting certain duties and learning basic lessons.

The U-U Magic Formula

This if for Dealing with Negative People—that is individuals who are harmful to others.

The U in the Mental Body

You imagine the “mental body” in another person. The mental body is that part of a person that thinks, evaluates, weighs, recalls, problem solves, uses words, theories, ideas, etc. But it is not in the brain. You imagine the individual’s entire body like a hologram.

Again, see the individual in front of you. But inside of the person there is nothing there, an empty space.
Imagine that empty space inside of them to be shiny black in color, penetrating through space and time, and if you like sound the note of B in your mind inside of them as a vowel “u” sound. You have to take charge of your imagination and add a force of will. People hypnotize themselves into believing certain ideas like a drowning man who tries to grab something for support. Except they have been practicing attachment to specific ideas for decades. You need to basically give them a time out. Everything inside is simply gone. A void is now there. This void is perfectly clear, free of all fear, without need for attachment or any definition of anything at all. It is pure awareness and it is in its essence totally receptive to any kind of light or higher intuition.

The U in the Astral Body

The astral body again is in the exact image of the individual’s physical body. But this is where all feelings reside—all that attracts and repels, all that makes you feel fully alive, all that gives appreciation for life, wonder, happiness, awe, the ability to flow and be totally receptive to each moment.

Again, you imagine the individual’s astral body as being a void, totally empty with the shiny black light penetrating through space and time. The mental plane gives a sense of the enlightened mind. The astral plane U gives a sense of Samadhi or satori. It is like a deep, dreamless sleep in which there is a sense of peace and calm. There is a letting go of all earthly attachment. This is the depth of feeling from which all attraction arises.

The idea of course is to practice the U meditation/void in yourself first. And then as part of the same meditation, you also practice it inside of
those who abuse their powers. It is called justice—you offer others liberation for false attachments and from malicious greed.

Form is not separate from emptiness and emptiness is not separate from form—the Heart Sutra. Try to get it right. Otherwise, one day men with tanks and rifles will come into your mediation room and shoot everyone dead because you were only working on a very tiny area of life that is your own form.

To practice U you need to practice inside of the worst people on earth. Then you know you have tested your meditation and have actually overcome separation. You see, the worst people on earth are also part of you. There is no separation. Like, duh.

Dictators and many corporate CEOs have been exploiting others and the earth for life time after life time. If you have Kim Jong Ung of North Korea or Hugh Grant, CEO of Monsanto, sit between Buddha and Christ nothing will happen. They are immune to being inspired. They are void of conscience. They are battled hardened and committed to overseeing their little empires.

If you asked them, What does your heart tell you to do? They would respond--to take whatever I can and abuse others in any way I need to in order to get what I want and to acquire as much power as I can. That is their conscience on the deepest level inside of them. They have created this conscience or spirit inside through sheer repetition of choices they have made again and again over many life times. They are quite able to resist any inspiration or love of any kind you may vibrate toward unless you come at them with the cosmic void that has no attachment in it and that is pure, original freedom in its essence.

Or difficult cases such as these you need to be able to produce in yourself a trance like and compelling sense of the U void and then extend this into the mental and astral bodies of those you choose to work on.
Homage to the Void

Though completely weightless
It is the source of all gravity
Though without light
Or emitting radiation
In the visible or invisible spectrum
It is the source of all clarity
Though completely detached
It is perfectly one
With whatever appears within or before it
Without form, electricity, or magnetism
It gives birth to all attraction
Every desire and passion
Arises from it and seeks release through it
Without will or wisdom,
Without use of thoughts to think
Or emotions to feel,
Without identity or self-imagery
It possess all knowledge
Though completely separate from the world,
Outside of reality,
Containing neither dream nor ideal,
Its love is infinite--
It is joined to every living being
Inspiring and guiding
Offering assistance, support, and encouragement
Until each attains absolute freedom.
In this space of emptiness
Of bliss and peace
I take my rest
And renew myself
That I might move forward
And accomplish my work on earth.

I gazed at the void
In rapt concentration
Until there was no longer any me
Here space and time have no meaning
There is absolute freedom
Here is everything
That was, is, and shall be
Everything one may seek
Every desire, longing, dream
Is already complete
I gazed at the void
Until there was no longer any me
Which is a good thing
Because this ecstasy would destroy
Any human being.

Question: How do you use the void to transform? Be specific and keep it short.

Response:

Okay, you go to see the metaphysical new age therapist/guru/seminar instructor/"I offer breakthroughs" kind of guy. And he says, Tell me what you want transformed. Be specific. I don't have all day. What are the presenting symptoms? Don't tell me you want to be enlightened. There are as many forms of enlightenment as there are stars in the sky. What do you want in your self that will benefit the age of the world in which you reside?"

And you say such and such. He says, "Yes. yes. tell me more about that? When did you first begin to feel that way? What have you done so far in your work on that? Who have your learned from? blah, blah, blah."

You get what you pay for I suppose. Put money into his pocket from your pocket and if you are lucky he does not turn you into a psychic vampire like himself whose skill is in hypnotizing others to feel good about themselves so they can hypnotize less hypnotized people to support their efforts to be successful in life.

Now then. With letter U you are your own new age teacher. The difference is that you do two things, to keep it short, namely, you become the void--imagine again an infinite space filled with absolutely nothing and in which nothing can appear--no form, no color, no sound or sensation, no energy, form, or matter unless you so desire it to appear. Otherwise it automatically dissolves anything that appears in it.

And it also penetrates through time. Anything in time you imagine appears before you. And you are this void--as in, hey, it is a formless
meditation. There is no you and no your body present in it. No location. No center of a circumference. You are the entire space itself. Try it. It won't bite you.

This is "My Void." This is your resource for what is next. What is next? Take the specific problem or thing you want transformed and now have it and only it appear within your void.

I used to get angry at my father. Now if I step into the void and view this issue I see my father being born and his father and his father born. I see the entire history of Western civilization back to the ice age 80,000 years ago when the alpha male was invented as an upgrade without which there would be no women on earth today, no men, and no children. We all owe a debt to alpha males otherwise the 1,200 of us who survived that ice age would have ceased to exist. Rah, rah for alpha males.

Now then I see my father’s childhood, where he learned his ways and why he has succeeded in life so well. Almost everyone looked up to him including the mafia. They couldn't bribe him or find any dirt on him. Rah, rah for the perfection of faith in the Protestant tradition—work very hard and God will bless you because your faith is a direct tie to Him. The problem is that when the Protestant Tradition does accounting under liabilities there is no category labeled—costs carried forward to future generations from destroying the planet.

Are you still with me? I see everything pertaining to my issue. I feel what he feels. I think his thoughts. I know him better by far than he knows himself. I can experience his ability to not slow down as he drives between a parked car and a bus coming the opposite direction with a half inch to spare on each side of his car. I understand how he could so easily manipulate other people with his power and authority. Sometimes and often for the good. Sometimes totally out of control and near maliciousness with the bad.

And here is the deal: because I remain the void during this "life review" there is no separation between me and what I am focusing on. I remain the void, detached, clear, in perfect peace and ease. There are no therapists/new age teachers/gurus who offer this kind of life coach
experience. And so how can I feel anger when I am one with my father in my awareness?

I am not mad at Obama and prime minister Noda of Japan for totally ignoring the most important issue regarding human survival since mutually assured destruction—reactor #4 cooling pool at Fukushima Japan that is ready to collapse in any moment and contaminate the entire Northern Hemisphere of the planet. How can I be mad at them when I feel one with them?

Rather, it is now how do I inspire others to prioritize so they put the necessary energy into insuring their own survival? I have meditated on this many times. How to motivate people to do good and work toward peace and build institutions of great value when all they want is power, just power, and they are not afraid of pain and terror?

Why you get inside of them and meditate that you are them and you are also the void, an infinite void with absolutely nothing in it. You make the two one. And now they must decide--do they pursue those things that are of enduring value during their little time on earth? Or do they simply hang onto that rotten, sick, fake identity of false attachments by which they define themselves and watch their identity slowly dissolve into infinity? Choose wisely.

What you do for yourself, if you find it works, you can in the very next instant do for anyone on earth. The void is also the perfection of oneness. To be one with another you have to let go of all boundaries that separate. To know love you have to be willing to let go of everything in yourself preventing you from accepting love.

That is as short of an explanation as it gets. Try it out on the negative people in your life. This planet is a school. Mastering the void is basic awareness 101.